



What To Expect On Game Day

Please read the information below to better understand what is required and/or expected from our coaches on game days. It is highly recommended that you keep a binder with all the following documents to keep with you at all times. Some coaches may prefer to have your team manager/parent maintain this binder and make it available to you on game day.

- **Game Cards**

- U6-U8 teams will not need a game card and scores are not recorded at these ages.
- All U9-U19 home teams will need to provide a printed game card.
- For U9-U14, you can download the [Placer Alliance League](#) game card, complete your roster and other general information, print it, and then provide it to the referee at the field. The away team will need to hand write in their roster, either before or after the card is given to the referee. Both coaches will need to confirm the final score using a link sent out by TeamSideline.
- For U15+, the home team will [print the game card from GotSport](#) and provide it to the referee before the game, then will [input the score into GotSport](#) after the game is completed.

- **US Club Player & Coach Passes**

- All players and coaches are required to have printed and laminated US Club passes, provided by the GBFC Rec Registrar.
- For U6-U8 games, with youth game facilitators instead of licensed referees, it's possible you may not be asked to present the passes before the game. However, you should have them available just in case.
- For U9+ games, referees will check players and coaches in before the game using the US Club passes. **If a player or coach does not have a pass, they are not allowed to be on the field or sideline with the team.** As a coach, it is your responsibility to have these passes with you at all times.

- **US Club Team Roster**

- For all U9+ teams, you should have your printed US Club official roster with you at all times. While the referees will typically not need this, it can be a helpful reference when filling out game cards or in the event that a referee does ask for it to confirm a player or coach's identity.

- **US Club Form R-002**

- For all age level teams, the coaches should have printed copies of every player's R-002 Waiver Form. These printed forms should have been provided to you by the GBFC Rec Registrar, along with your player and coach passes.

- **Substitutions**

- Coaches can make unlimited substitutions, with the consent of the referee, at any stoppage in play. Players being substituted on should stand at half field, a few feet away from the sideline. Along with the coach calling for a sub, this will assist the referee by letting them know you are ready to sub at the next stoppage. If a player is not standing up, near half field, the referee may not allow the sub until the next stoppage. Coaches should have their players ready to enter the field when asking for a sub. If a referee determines that a team is subbing excessively (sometimes to run the clock down), it is their decision on when to allow it to ensure good sportsmanship.

- **Uniforms**

- New for 2021, home teams will wear dark (green) color jerseys and away teams will wear light (white) color jerseys. Black shorts and black socks can be worn for both home and away games.

- **Heat and Air Quality Index (AQI) Guidelines**

- We have put together a rec specific set of guidelines on our website, please see [Heat and Air Quality Index \(AQI\) Guidelines](#) for this information.