

## u15 Girls A-2007 Granite Bay FC 2021



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### **SELECTION NOTIFICATION**

As coaches and trainers, we are well aware of how this process can affect young players physically and emotionally. Please encourage your daughter to have fun during tryouts. There is no need to put undue pressure upon them. The final selection of the team will be communicated after input from coaches, trainers, and members of the Granite Bay FC Competitive Committee and Board members. Every player attending at least 2 sessions will be contacted by telephone or email no later than 48 hours following the last session. Please ensure all contact numbers and email addresses provided during tryout registration are accurate. We ask for your patience and understanding during this process.

### **PLAYER EVALUATION**

We encourage attendance to as many sessions as possible to allow the coaches, trainers and committee members ample time to evaluate your daughter. Players will be evaluated by at least 3 people using the following criteria

- Effort, Attitude, Work-Ethic & Focus

- Speed of Play: Decision Making & Processing The Field of Play
- Technical & Tactical Skills
- Coachability
- Speed, Agility, Aggression & Athleticism

### **TEAM PHILOSOPHY**

Winning every game is not our only goal. Learning valuable life lessons such as commitment, work ethic, teamwork and good sportsmanship are all equally important. The coaching and training staff are committed to making this a great soccer experience for your daughter. We want to develop young players, but also instill in them a lifetime love for both soccer and fitness in general. Our #1 priority is to make sure playing competitive soccer is a fun and positive experience. We will develop your daughter's soccer IQ, physical conditioning, and technical/tactical skills. We expect to field an outstanding team while establishing a close bond between teammates. All players will contribute and be an integral part of this team.

### **PRACTICES/TRAINING**

Paid Coach/Trainer – Kurt Grinsell will be our paid trainer for the season. He will run all 90-minute practices and develop a training plan emphasizing the improvement of individual skills and team play. Official practices will begin as soon as possible post tryouts. Practices will be held on Tuesdays and Thursdays (location and time TBD). Specifics will be determined at a later date.

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### **GAMES & TOURNAMENTS**

We will be playing in US Club's, NorCal Soccer League. League matches will be located within the Region VI area, which encompasses about a 2 hour radius. In addition, the team will participate in a few tournaments. League games will mostly be on Saturdays (some Sundays) and usually begins the weekend before Labor Day. Tournaments will be on both Saturdays and Sundays (maybe Friday evenings). We will be competing in NorCal's Premier bracket and State Cup this year. Travel for State Cup may be as far as Manteca/Ripon/Turlock & Bay Area. Games can be either Saturday or Sundays.

### **COMMITMENT**

While this is a youth soccer team, there is a reasonable amount of commitment involved with the program. Players will be expected to attend 2 training sessions and matches regularly. The 35% play time rule for games and 35% throughout the tournament weekend (not 35% per game), will only apply to players who have made at least one of two practices preceding a weekend's game/tournament. Parents will be expected to have their child at training/games on time and in the proper attire/uniform. This includes having water, a pumped and labeled size 5 soccer ball, the opposite colored jersey and socks in their backpacks. Coaching staff expects to be notified when conflicts occur and you will not be in attendance for practice or games via Teamsnap!

### **DEVELOPMENT**

The coaches of this team are committed to making your daughter's and this year's team the best it can be. Our primary goal is player development, increasing their Soccer IQ and playing high level soccer as a team. Winning is important for morale, but developing individual skills and applying them to the team environment will enable the girls to be a competitive force each week. Respect for one's self as well as good sportsmanship towards our competitors is all part of player development.

### **PARENT VOLUNTEERS**

As a parent member, you will be expected to contribute in some way to the team. A meeting will be held shortly following tryouts to assign roles. We will be looking for volunteers to fill the following positions:

- Team Parent (Team bonding, End of the year party/gifts)
- Treasurer (manage team bank account and payments)
- Ghost & Goals Team Representative (liaison amongst tournament reps and team parent volunteers)
- 2 Positive Coaching Alliance Parents (attend Aug meeting and assure parents are behaving appropriately on sidelines)
- Sponsorship & Fundraising

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### **ESTIMATED COSTS**

Each family should plan to spend roughly \$1250 this season. Parents will be asked to make an initial deposit of \$300 at the first team meeting with the balance due in several installments. The estimated costs include:

- Trainer - \$600
- Tournament Fees - \$400
- Uniforms - \$175
- League Registration - \$215
- Team Apparel, Equipment, etc. \$100
- Any away tournaments are not included in team funds, but each family will be expected to cover travel costs, hotel stays, etc.

### **LINKS TO MORE INFORMATION**

Granite Bay FC: [www.granitebayfc.com](http://www.granitebayfc.com)

U.S. Club Soccer: [www.usclubsoccer.org](http://www.usclubsoccer.org)

NorCal Premier: <http://norcalpremier.com/index.html>