



CONCUSSION AND HEAD INJURY EDUCATION PROTOCOL

On September 23, 2016, the California Governor signed AB-2007 which expanded to youth sports organization a current law on concussion protocols that had previously applied only to high school athletic programs. The new law, which went into effect January 1, 2017, outlines several steps that athletic programs need to take with regards to head injuries and concussion protocol for the players in its athletic programs. As a result, Granite Bay FC has instituted the following protocols in recognition of the new law and concussions and head injuries.

When a Head Injury or Concussion is SUSPECTED

An athlete who is suspected of sustaining a concussion or other head injury in an athletic activity shall be immediately removed from the athletic activity for the remainder of the day, and shall not be permitted to return to any athletic activity until he or she is evaluated by a licensed health care provider. The athlete shall not be permitted to return to athletic activity until he or she receives written clearance to return to athletic activity from a licensed health care provider. If the licensed health care provider determines that the athlete sustained a concussion or other head injury, the athlete shall also complete a graduated return-to-play protocol of no less than seven days in duration under the supervision of a licensed health care provider.

If an athlete who is 17 years of age or younger has been removed from athletic activity due to a suspected concussion, the coach shall notify a parent or guardian of that athlete of the time and date of the injury, the symptoms observed, and any treatment provided to that athlete for the injury.

Concussion and Head Injury Protocol for Coaches/Trainers

Each year, Granite Bay FC will give a concussion and head injury information sheet to each coach and trainer for Granite Bay FC, which each coach and trainer shall read and review. Each coach and trainer is encouraged to keep the information sheet with them and their player registration form at all times during practice and games.

In addition, and on a yearly basis, each coach and trainer shall complete a concussion and head injury education class, either on-line or in person, before supervising an athlete in practice or games. The free on-line course can be found at:

<https://www.cdc.gov/headsup/youthsports/training/index.html>

Following the completion of the concussion and head injury course, the coach and trainer shall receive a Certificate of Completion and shall provide a copy of the Certificate of Completion to Granite Bay Registrar. No coach pass or coach card shall be issued unless and until the Certificate of Completion is provided to the Granite Bay FC Registrar.

Concussion and Head Injury Protocol for Parents

Each year, Granite Bay FC will give a concussion and head injury information sheet to each athlete and/or parent. The information sheet shall be signed and returned by the athlete, and if the athlete is 17 years of age or younger, shall also be signed by the athlete's parent or guardian, before the athlete initiates practice or competition. If the athlete and parent or guardian fails to sign and return the information sheet, no player card will be issued for that athlete and that athlete shall not be permitted to practice or play in any games.

The information sheet shall be signed and returned to the Granite Bay FC Registrar, either directly at the time of registration, or later through the coach of the athlete who shall then provide it to the Granite Bay FC Registrar.

Document Retention Policy

Granite Bay FC will maintain all necessary records in order to demonstrate its compliance with all aspects of the Concussion Policy, including without limitation, all Parent Notification Forms, Written Clearances, Information Sheets and confirmation of completed Training Programs (collectively "Policy Records"). Policy Records will be maintained by Granite Bay FC for a period of no less than five years. Notwithstanding the foregoing, any Policy Records pertaining to an individual player must be maintained by Granite Bay FC so long as the player is a member of Granite Bay FC.